



Source: Farmer's Footprint Australia

# Regenerating the Farm

## Regen Ag and Carbon Farming

April 2023

# Topics

## Introduction and Expectations

Part 1 – Regenerative Agriculture

Part 2 – Carbon Farming

Part 3 – Field Walk



# Introduction



Regenerative Australian Farmers (RAF) is a leading facilitator and service provider for integrated agricultural solutions to build and monetise soil organic carbon, soil health and rural prosperity.

This includes cost effective soil carbon evaluations, soil carbon field coring, baselining expertise & targeted implementation plans to support long term soil carbon contracts. RAF is a member of the Australian Government's soil carbon methodology working group to further develop and refine measurement and reporting techniques and is linked to a global leader in remote sensing (satellite) of ground data including soil carbon.

# Part 1 – Regenerative Agriculture

## Regenerative Agriculture

- What is Regenerative Agriculture
- 4 Questions
- Soil Basics (physical, chemical, biological)
- Soil Testing (strategy, sampling, testing, interpretation)
- Five Principles of Soil Health



# Resources

<https://www.youtube.com/watch?v=DEeFTaNSQdE>



A PATH TO SOIL HEALTH AND  
FOOD INDEPENDENCE

**DVD** – From Horse Paddock to Living Soil – The soil development of an Australian Demeter Biodynamic market garden.



Regenerative Agriculture

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FROM THE GROUND UP

# What is Regenerative Agriculture?

## HOW IT WORKS

In short, regenerative agriculture is a system of farming principles and practices that seeks to rehabilitate and enhance the entire ecosystem of the farm by placing a heavy premium on soil health with attention also paid to water management, fertilizer use, and more. It is a method of farming that “improves the resources it uses, rather than destroying or depleting them,”

**In addition to a long list of incredible benefits for farmers and their crops, regenerative agriculture practices help us fight the climate crisis by pulling carbon from the atmosphere and sequestering it in the ground.**

# Question #1

interactive

## 1. Where are we/you now?

- Ecosystem
- Biodiversity
- Agricultural viability, productivity and profitability
- People/community
- Future trends

# Question #2

## 2. How did we get here?

- Key measures or indicators
  - Environmental Sustainability
  - Spiritual/Human Fulfilment
  - Social/Community
- Assumptions



# Question #3

## 3. Where do we want to be (our vision)?

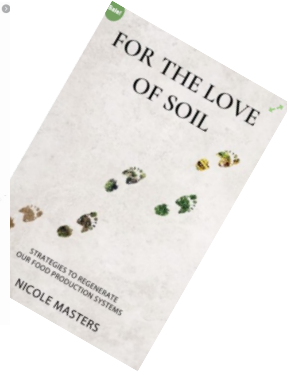
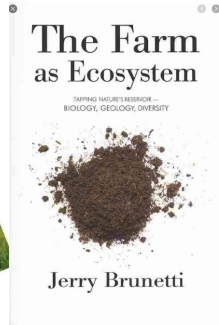
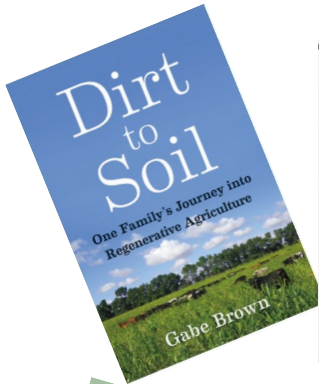
- LandCare Group
- Our farm
- Catchment
- Region/National level

# Question #4

## 4. How do we get there?

- ?
- ?

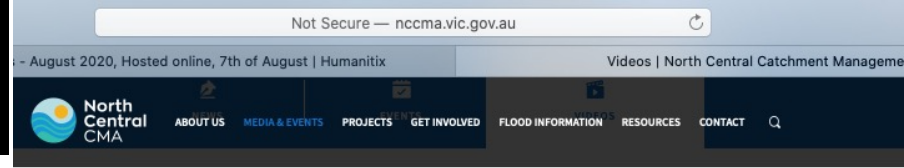
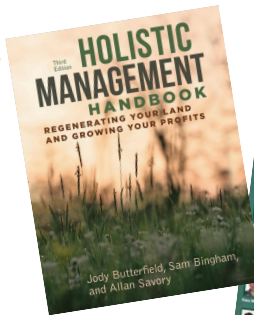
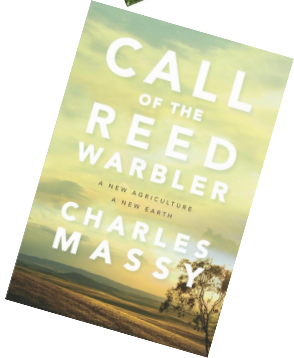
# Resources



Australian made Soil Water Infiltrator Tester



Garlic Press & Optical Refractometer (Brix meter)



Home > Media & Events > Videos

## Videos available on CMA website

Search video...  
<https://www.youtube.com/user/TheNorthcentralcma/videos>



### Down & Dirty with Dung Beetles

Dr Bernard Doube, Dung Beetle Solutions International brings us up to date with dung beetle species, the history of introduction to Australia and the benefits to agriculture. This presentation was delivered in June 2020 with the support of Landcare Victoria and North Central CMA.



2020 Seasonal Outlook - Grain & Hay Markets



2020 Seasonal Outlook - Cropping



2020 Seasonal Outlook - Climate Update



2020 Seasonal Outlook - Irrigation Water



Regen Ag - Nats & Jono



Regen Ag - N, P & Manure Trial



Regen Ag - Dick Richardson

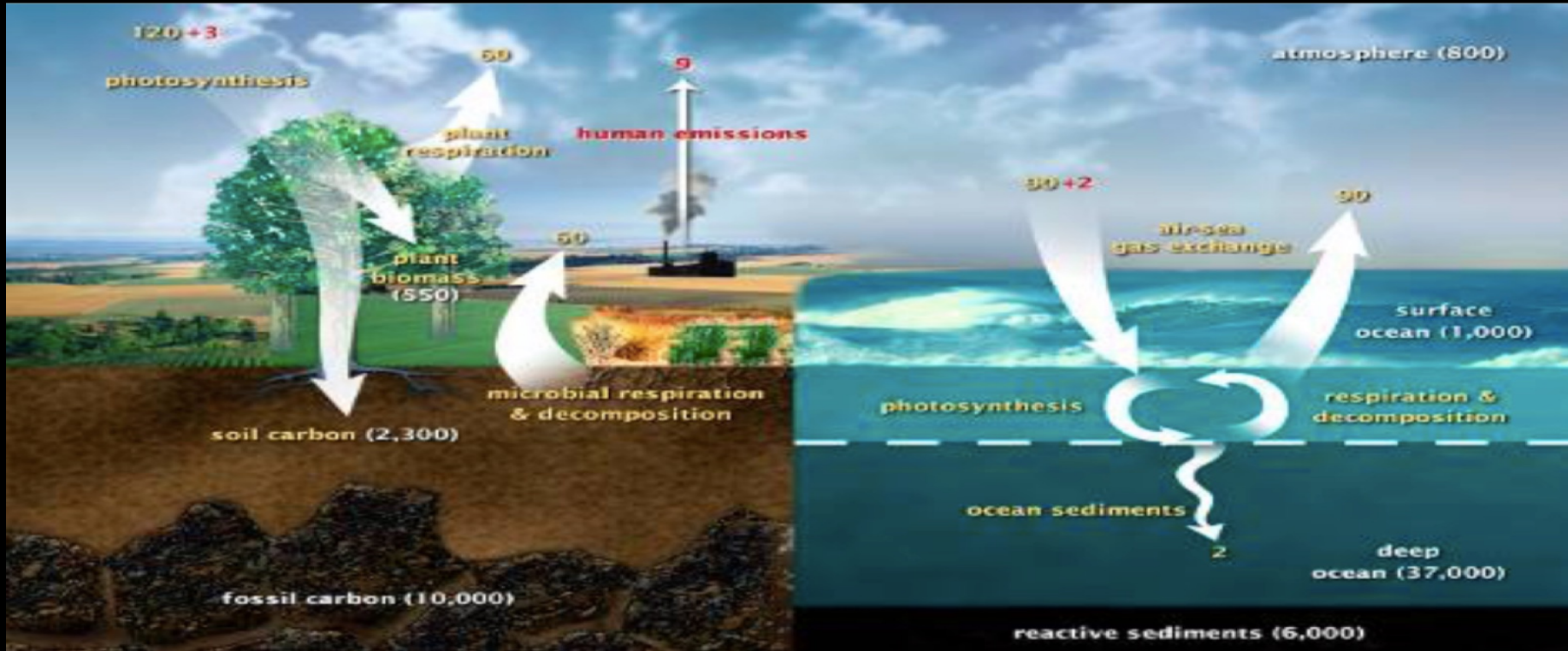


Regen Ag - Colin Seis Part 3

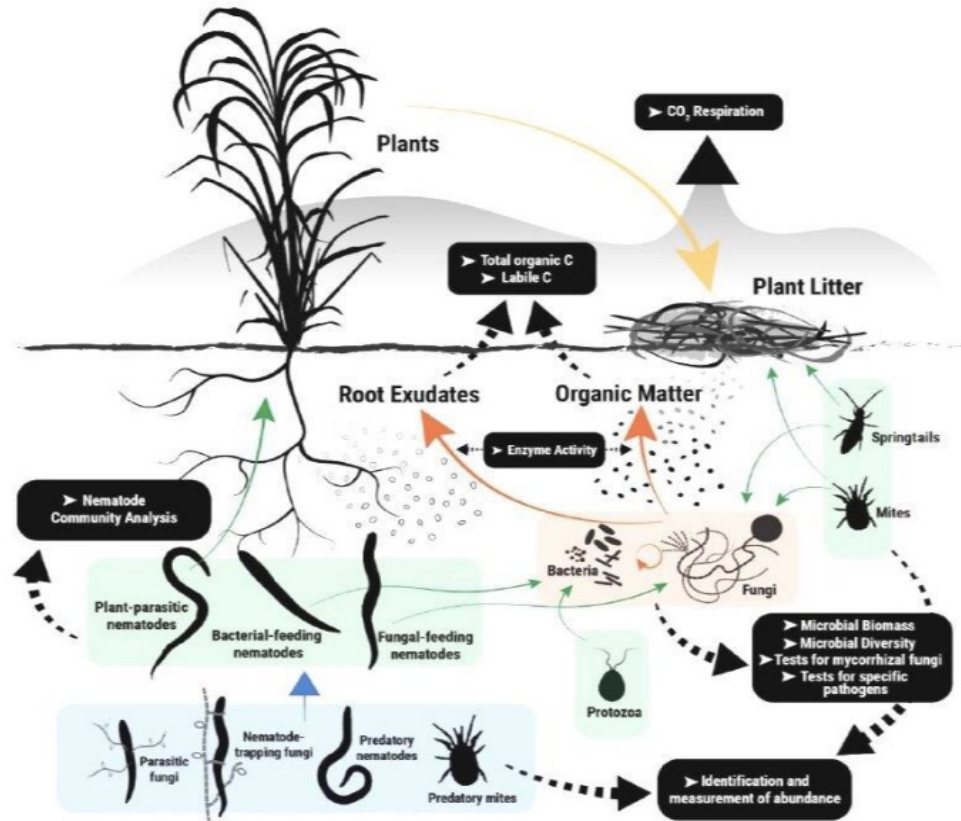


Regen Ag - Colin Seis

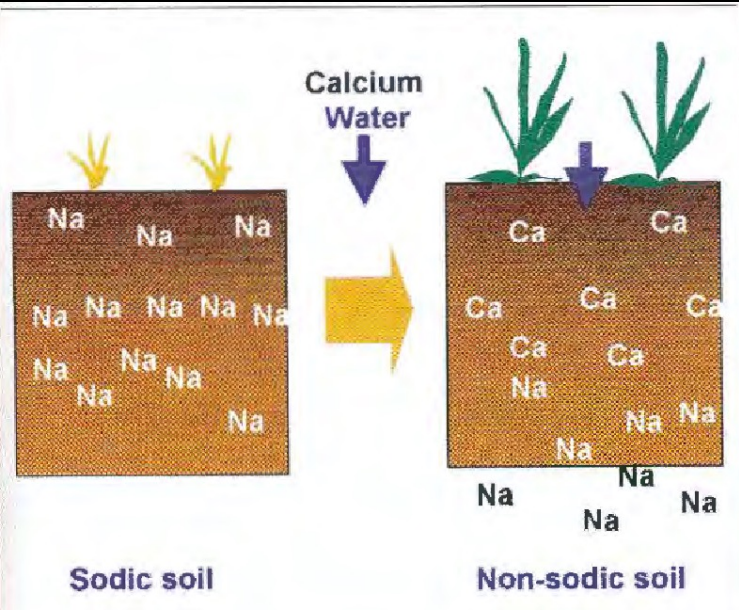
# Carbon Cycle - planetary



# Soil / Mineral Cycle



# Sodic Soils (cont)

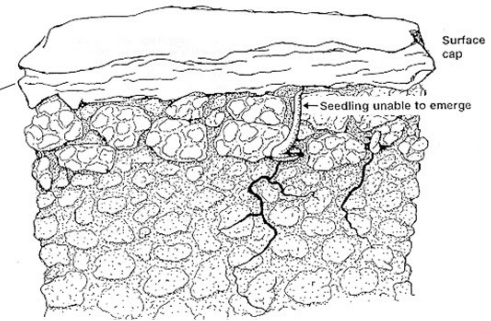


## Surface crusting & dispersive soils

Impacts of dispersive clay  
- surface crusting impacts on seedling emergence

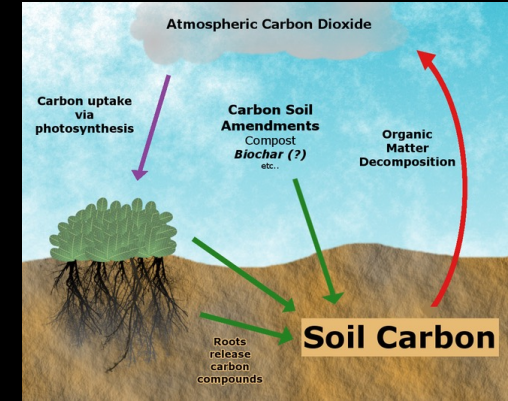
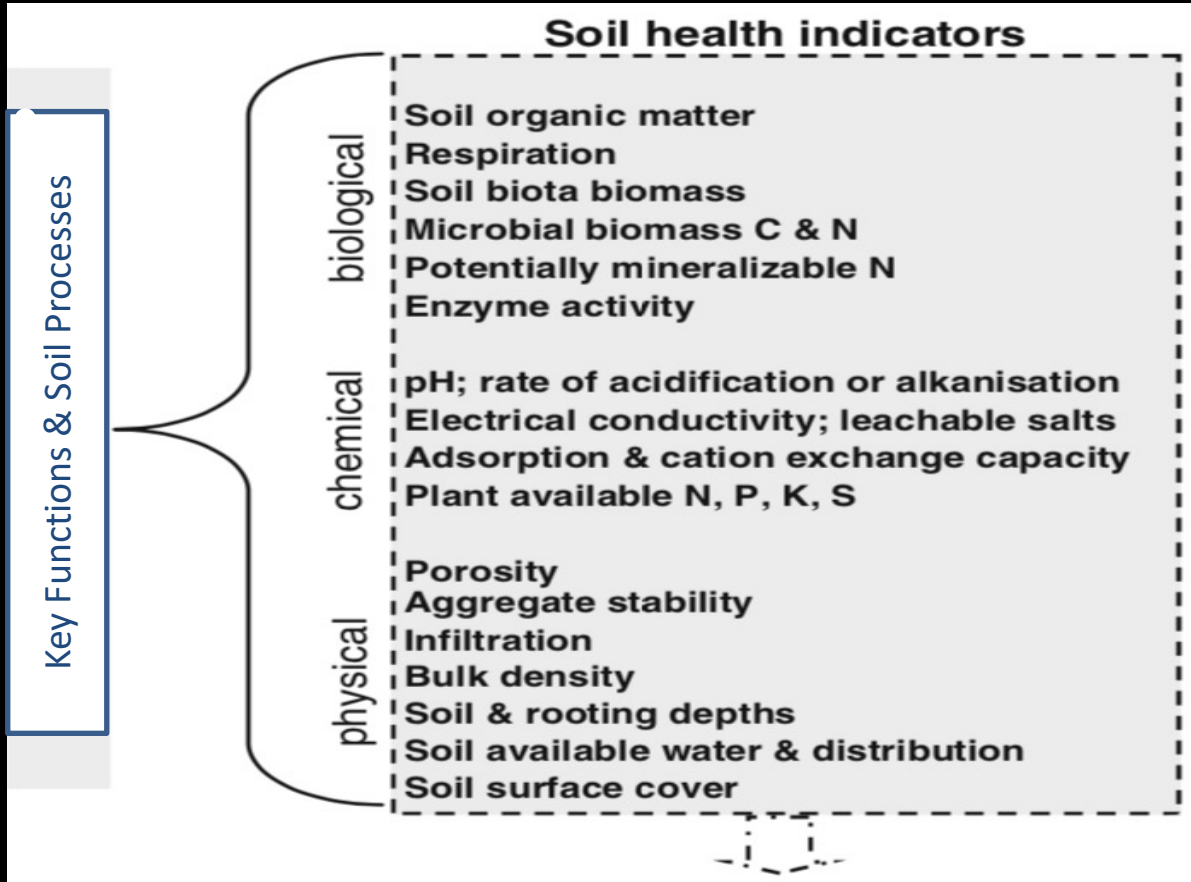


Fine particles form a crust

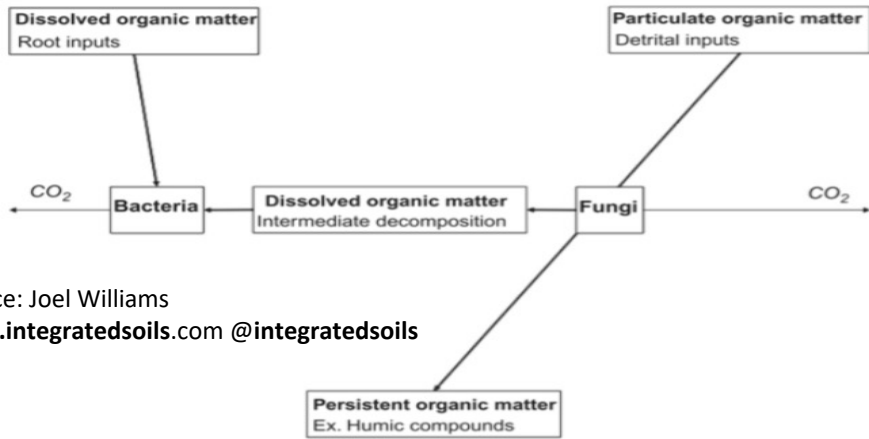


Adding Gypsum ( $\text{CaSO}_4 \cdot 2\text{H}_2\text{O}$ ) helps provide soluble calcium to replace the exchangeable sodium\* and make the relatively insoluble calcium carbonate (more common in sodic soils) available to replace sodium, similarly for magnesium. \*can adversely effect plant growth

# Living Soil – essential component is organic carbon



(A) Old soil organic matter pathways

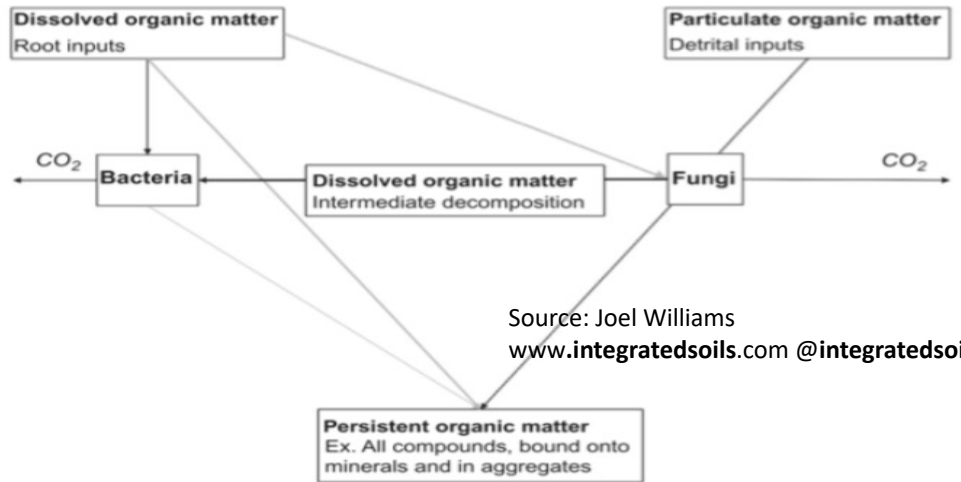


Source: Joel Williams  
www.integratedsoils.com @integratedsoils



(B)

New soil organic matter pathways



Source: Joel Williams  
www.integratedsoils.com @integratedsoils



# Soil Testing

- What are we testing and why ?
- How to collect the soil samples and when? What is representative?
- What tests are preferred and by whom?
- Interpreting test results is key



# Demystifying Your Soil Test



# The C:N ratio

- Naturally sourcing carbon and nitrogen (organic) using existing expertise and infrastructure, cheaper, more effective  
rainwater vs dam water
- Lower C:N ~23 (grow biomass)
- Higher C:N >30 (increases C, soil organic matter)
- Protein (growth) = N + C + water ( $H_2O > O, H$ )
- Biodiversity is key (avoid mono-culture)
- Cover cropping (annuals) vs Pasture cropping (perennials); Summer vs Winter
- Liquid carbon assisted by microbes: photosynthesis, sugars to roots, exudates, transfers to soils, humification, stored organic carbon

<b>Cover Crop Plant</b>	<b>C:N</b>	<b>Focus</b>
Ideal microbial diet	24:1	Soil repair
Cereal rye*	80:1	High biomass
Annual vetch	11:1	Excellent stock feed; fixes large amount of N, releases soil phosphorus, beneficial insects (flowers)
Daikon (tillage <u>raddish</u> )*	19:1	Biological subsoil aeration
Clover	21:1	
Forage brassica*	12:1	High protein, very digestible, helps control weeds
Annual ryegrass	20:1	

- \*helps chemically control weeds, shading & competition

<b>For Soil Biology Priming</b>	<b>Mix (Kg)</b>	
Oats	50	
Field peas	10	
Lentils	10	
Vetch	10	
Tillage <u>raddish</u>	3	
<u>Raddish</u>	1	

Sources:

- Colin Seis
- Gabe Brown (Dirt to Soil)

# Summary - Five principles of soil health



1.

**SOIL COVER:** *Keep plant residues on the soil surface.* Look down, what percentage of your soil is protected by residue? Erosion needs to be minimized before you can start building soil health.



2.

**LIMITED DISTURBANCE:** *Minimize tillage as much as possible.* You will start building soil aggregates, pore spaces, soil biology, and organic matter.



3.

**LIVING ROOTS:** *Keep plants growing throughout the year to feed the soil.* Cover crops can add carbon to the soil, providing a great food source for micro-organisms. Start small to find the best fit for your operation.



4.

**DIVERSITY:** *Try to mimic nature.* Use cool and warm season grasses and broad leaf plants as much as possible, with three or more crops and cover crops in rotation. Grassland and cropland plant diversity increases soil and animal health.



5.

**INTEGRATING LIVESTOCK:** Fall/winter grazing of cover crops and crop residue increases livestock's plane of nutrition at a time when pasture forage quality can be low, increases the soil biological activity on cropland, and improves nutrient cycling. Proper grassland management improves soil health.



Source: 'Dirt to Soil'  
- Gabe Brown

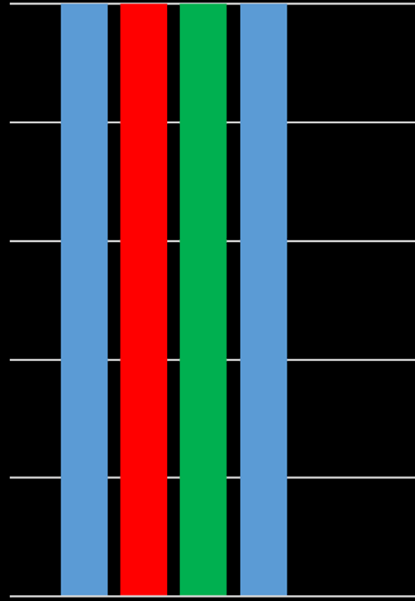
<https://kisstheground.com/thesoilstory/>

<https://www.youtube.com/watch?v=K3-V1j-zMZw>



Soil Carbon Cowboys (12 m)

# Trials – a planned approach



Cover Crop Trial



Comparative trial with cover crop, nutrisoil and biochar – with and without water (sprinkler)

# Case Study: Elmore (sheep grazing)



BEFORE

